

Report of
HEART DOCTORS
activities

during the year **2004**

IRAN

DATE OF THE 1ST MISSION: 03.01.2004

PURPOSE: Pharmaceutical aid to Iran for the earthquake victims in Bam.

Transportation of 1.5 tons of medicines from the Elefsina airport to the city of Ker-
man in Iran with a C130 Greek military air force plane. The material was delivered
to the Iranian authorities at the airport by four members of the Heart Doctors.

NIGERIA

DATE OF THE 7th MISSION: 08.01.2004

PURPOSE: Free medical care to the population of 7 remote and iso-
lated areas of the States of IMO and OWERRI.

Several thousand patients were attended by six members of the Organization. The
medicines were purchased in western European countries with funds of Heart Doc-
tors; part of the medicines were donated by friends and of several Pharmaceutical
companies in Greece.

Diseases encountered: malaria, infections of the upper respiratory system, elminthi-
ases, skin diseases, gastroenteritis, eye diseases, hypertension, chronic injuries.

NORTHERN CAMEROON

DATE OF THE 5TH MISSION: 17.01.2004

PURPOSE: Free medical treatment of populations living in remote areas of Northern Cameroon (Katrang).

Medicaments of total weight of 400 kilos were transported in 15 bags by five members of the organization. Sheets were offered to the hospital of the village DOUKOULA .

Various diseases were treated : malaria, tapeworms, urinary system infections, pain of the joints, skin diseases, tuberculosis, goiter, diarrhea, anemias, otitis, scabies, wounds etc.

INDIA

DATE OF THE 3RD MISSION: 10.02.2004

PURPOSE: Free medical care to sick people living in 11 villages of the State Andhra Pradesh (Southern India) and distribution of food-stuffs.

The medicines used were transported by five members of the organization in bags from Athens. Six thousand inhabitants were examined and treated. Twenty two tons of rice and 18 tons of dall were bought and distributed to poor families.

MOZAMBIQUE

DATE OF THE 1ST MISSION: 08.03.2004

PURPOSE: Medical treatment of populations living in remote areas of Mozambique.

In the city of BEIRA of Mozambique five members of the mission met the director of the local health services who organized their visits to medical centers in three towns where 3600 patients were examined and treated.

In the center of epidemiological diseases most of the patients suffered from cholera. The team of Heart Doctors offered antibiotics to this center. Lack of doctors and medicines was apparent.

MALAWI

DATE OF THE 1ST MISSION: 13.03.2004

PURPOSE: Free medical care to the poor, living in the city Blantyre and the area around it.

Four thousand patients were examined and treated by five members of the mission. Diseases treated were: malaria, skin diseases (including leprosy), kachexia probably due to HIV infection, infections of the respiratory tract, helminthiasis, sexually transmitted diseases etc.

IRAQ

DATE OF THE 8TH MISSION: 08.04.2004

PURPOSE: Transportation and delivery of medical supplies from Athens to hospitals of Iraq.

Two and a half tons of pharmaceutical products were transported by air from Athens to Amman and from there by trucks to Baghdad where they were delivered to the Al-Kindy hospital by a member of the Organization.

Part of the quantity was taken to the Health Center in Fallujah .

ETHIOPIA

DATE OF THE 4th MISSION: 03.05.2004

PURPOSE: Thirty six tons of milk and cream for children were transported from Greece to Ethiopia. In addition 10 tons of maize were purchased in Addis Ababa and distributed to inhabitants living in 12 villages in the region of OMO (800 Kilometers south west of Addis Ababa). The mission was supervised by a member of the Organization.

IRAQ

DATE OF THE 9TH MISSION: 11.05.2004

PURPOSE: Delivery of 4.5 tons of medicines to the Al-Kindy hospital in Baghdad.

IRAQ

DATE Of the 10TH MISSION: 17.6.2004

PURPOSE: Delivery of medicines to the Al-Kindy and Children's Hospitals in Baghdad.

Two and a half tons of medicines were transported and delivered.

IRAQ

DATE OF THE 11th MISSION: 01.07.2004

PURPOSE: Delivery of medicines to Al-Kindy Hospital in Baghdad.

Three tons of medicines were transported from Athens and delivered to the Hospital in Baghdad.

SUDAN

DATE OF THE 2ND MISSION: 26.7.2004

PURPOSE: Purchase in Khartoum of 46 tons of wheat flour, transportation by air to the city El Geneina (DARFUR) and distribution to the refugees by Heart Doctors.

IRAQ

DATE OF THE 12TH MISSION: .23.08 2004

PURPOSE: Transportation of 6 tons of pharmaceutical products from Athens to Baghdad and delivery to the Al-Kindy hospital.
The load was transported by air to Amman, from there by 3 trucks to Baghdad and delivered to the director of Al-Kindy hospital.

SUDAN

DATE OF THE 3RD MISSION: 3.9.2004

PURPOSE: Purchase of 100 tons of milk powder and of 3000 blankets in Khartoum, transportation of the material by air to the cities El Fasher and Nyala (DARFUR area) and distribution to the refugees.

IRAQ

DATE OF THE 13TH MISSION: 27.09.2004

PURPOSE: Transportation and delivery of 214 boxes of pharmaceutical material from Athens to Al-Kindy Hospital in Baghdad.

IRAQ

DATE OF THE 14TH MISSION: 10.10.2004

PURPOSE: Transportation and delivery of medicines to Al-Kindy hospital in Baghdad.

INDIA

DATE OF THE 4TH MISSION: 20.10.2004

PURPOSE: Provision of foodstuffs to poor and needy families living in 25 villages in Gorantla Mandal, ANDHRA PRADESH State, Southern India.

Thirty five tons of rice and 15 tons of dall were distributed to approximately 10.000 people in 25 villages.

Notebooks and pencils were given to 5.000 school children.

IRAQ

DATE OF THE 15TH MISSION: 28.10.2004

PURPOSE: Delivery of medicines to Al-Kindy Hospital in Baghdad.

Two hundred and sixty-one boxes of medical supplies were accompanied and delivered to the director of the hospital.

SUDAN

DATE OF THE 4TH MISSION: 1.11.2004

PURPOSE: Provision of food to starving refugees living near the town of Nyala (DARFUR region, Sudan).

Forty tons of milk powder and 50 tons of wheat flour were purchased in Khartoum and distributed it to the refugees in Darfour camps.

ETHIOPIA

DATE OF THE 5TH MISSION: 10.11.2004

PURPOSE: Transportation of 12 tons of milk from the island of Rhodes to the city of Nazaret, near Addis Ababa, for the starving refugees living there.

The milk was offered by school children, various firms and civilians in the island of Rhodes; it was transported to Sudan by a C130 aircraft of the Hellenic Air Forces. A member of the Organization accompanied the load and supervised its distribution to the needy people.

IRAQ

DATE OF THE 16TH MISSION: 03.12.2004

PURPOSE: Delivery of medicines to Al-Kindy hospital in Baghdad.

Two hundred and eight boxes of medical supplies were transported from Athens to Baghdad and delivered to the director of the hospital.

SUDAN

DATE OF THE 5TH MISSION: 6.12.2004

PURPOSE: Provision of food to the refugees living near Nyala (DARFUR region).

Forty tons of milk powder and 45 tons of wheat flour were purchased in Nyala and distributed to the starving refugees .

SRI LANKA

DATE OF THE 1ST MISSION: 28.12.2004

PURPOSE: Humanitarian aid to the people of Sri Lanka struck by the gigantic wave that followed the earthquake in Sumatra (26.12.2004).

A load of medicines (1500 kilos), blankets (1300) and sheets (100) was accompanied to Sri Lanka in a C130 aircraft of the Hellenic Air Forces.

In the city of Galle, in Sri Lanka, rice, bread and matches were bought and given to Buddhist priests for the sick and homeless people attended by them in the local temple.

The members of the team who participated in the missions accomplished during the year 2004 are:

Dr Xenophon Yataganas, Professor of Internal Medicine and Hematology

Dr John Sotiriou, general practitioner

Mrs.Helen Sotiriou, registered nurse

Mrs. Mary Ypsilanti, medical assistant

Mr. Pantelis Ypsilantis, administrator

SUMMARY OF ACTIVITIES IN 2004

In the year 2004 HEART DOCTORS accomplished 23 missions in different countries of Africa and Asia.

Of these 5 were for consultation and treatment of sick people in remote areas of Africa, in 7 food stuff was provided to the poor and in refugee camps and in 11 medicines and hospital materials was donated to Hospitals in Iraq and in Sri-Lanka.

The materials provided during 2004 were donated by anonymous people from the cities of Thessalonica, Athens, from the islands of Rhodes, Myconos, Samos, Lefkada and many cities all over the country.

We wish to express sincere thanks to all anonymous persons who trusted their donations to HEART DOCTORS and we assure them that all materials were handed over to the people who needed it by the members of the Organization in person, without taking into consideration color or religion.

The costs of all missions in 2004, including acquisition of food, travel and accommodation expenses, were covered by donations of the members and friends. Part of the assistance to the refugees in Sudan was covered by a contribution from the Ministry of Foreign Affairs.